

Columbia Jewish Congregation

Yom Kippur Discussion Groups



10 Tishrei 5782 | September 16, 2021

Columbia Jewish Congregation

5885 Robert Oliver Place, Columbia MD 21045 | www.columbiajewish.org | 410.730.6044

CJC's STANDING FOR RACIAL JUSTICE COMMITTEE

Judy Vogel and Susie Feldman

Join us to hear about our committee's year-long exploration of racial justice challenges in our country, including the experiences of our Jewish families. We have read books together, attended conferences, listened to podcasts, and had thoughtful discussions during the quarantine. These experiences have led us to new understandings of the complexities of race in our community and the nation, and it has challenged us to think in new ways about the potential role CJC might play in tikkun olam - healing our world. In the course of our work, we have assembled a resource list of books, articles, podcasts, and websites for all ages. We offer it in the Tikkun Olam section of the CJC website. We may launch a second discussion group later this year.

UPDATE ON HOCO IMMIGRATION ISSUES 2021

Anna Rubin

Immigration issues have been a focus of many CJC activists over the years starting with Russian Jewry on up to the present with the challenges faced by undocumented immigrants in our community. As part of the HoCo Coalition for Immigration Justice, CJC has shared a lot of success in the past year --- albeit with some roadblocks. We'll discuss the challenges ahead, both on the local and national level, and how our Jewish values can direct our effects.

GETTING BACK TO THE GARDEN: A DISCUSSION WITH THE CJC GREEN TEAM

Wendy Hall

Join the Green Team for a discussion of what you and your family can do to help in Tikkun Olam for our earth, environment and its inhabitants. Green Team members will present some texts and readings on the Jewish basis for protecting the environment, as well as describe some of the congregation-wide activities they have been doing and planning, such as storm water management, reducing our food and associated waste from events, and educational opportunities. We will also discuss individual contributions you can make and want to hear your ideas for future activities.

WHAT WE LOST DURING COVID

David Zinner

We may have experienced the death of friends and relatives. We may have lost contact with other people. We may have lost our bravery. Regardless of your loss, join us to talk about it.

**PLEASE REGISTER IN ADVANCE
FOR DISCUSSION GROUPS**

<https://tinyurl.com/YKDG2021>

All adults must register individually to obtain Zoom connection information for discussion groups

EVERYDAY HOLINESS: THE MUSSAR PATH TO WHOLENESS AND HOLINESS

David Glaser

Mussar is a 1,000 year old, Torah-based system of ethics and character development that uses text study, meditation, chanting, as well as learning in pairs and small study groups. The focus of Mussar is on the Nefesh, the most accessible dimension of our soul and the home to the character traits that drive our behavior. The High Holidays are a perfect time to explore the Mussar philosophy and practices because our goal is two-fold: (1) To refine and elevate our inner life and (2) to become a lamp shedding light into the world. David has been studying, practicing and teaching Mussar for about 8 years and continues to be inspired by the wisdom of the teachings and by the effectiveness of the practices. Join him for this overview of the Mussar tradition.

PLANNING YOUR FUNERAL AND BURIAL

David Zinner

There's a lot to think about as you plan for your death. We'll touch on ethical wills, funerals, burial, care for your body after death, organ and tissue donation and remembrance.

THE SHMITAH YEAR

Helene Kass

This year, 5782, is our 826th biblical Sabbatical year. A Sabbatical year of release, rest and renewal. A time to let the land lie fallow, forgive debts, and free ourselves and others from enslavements and regrets.. How can **this** Sabbatical year inspire us to help remedy and heal ourselves, each other and the world?



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