

Are you looking for a group where you can openly and authentically share what is going on in your life?

A welcoming space where you can confidentially express your thoughts, struggles and feelings?

Are you experiencing a life change or a challenge and would like to be heard and supported by other men?

Jewish values will guide our support for each other. Come as you are. Be present in the moment. Turn off your electronics. Tune into your feelings.

## **CONTACT US**

**Larry Schoen** 

larryschoen@gmail.com or

Sam Stern

samuel.tair@gmail.com

before registering.



Join us **TUESDAYS**7:00pm

Oakland Mills Interfaith Center

November 11, 18, 25 December 2, 9, 16, 23 January 6, 13, 20

ALL MEN ARE WELCOME!

**REGISTER HERE** 

https://tinyurl.com/CJCMC2025

